

May 2020



Patient News

During this time when many Americans are working and learning from home many of us are most likely not wearing shoes indoors. Going barefoot or spending time without supportive footwear can lead to foot pain caused by plantar fasciitis, Achilles tendonitis and metatarsalgia (pain in the ball of the foot).

While experts recommend disinfecting shoes normally worn outside you may want to invest in a pair of shoes that are exclusively worn in your home. Consider running shoes or a supportive pair of sandals as your at-home pair.

As a convenience for patients Weil Foot & Ankle offers medical grade retail footwear products that have been selected by our physicians to enhance your comfort and treatment outcomes. For additional information about supportive footwear and other retail products please call 847-257-8614.

[Make An Appointment](#)

Elective Surgeries Update

In accordance with updated COVID-19 guidance from the Illinois Department of Public Health, Weil Foot & Ankle Institute will resume performing elective surgical procedures beginning Monday, May 11 (as hospitals allow).

Due to the high number of procedures that will need to be scheduled we thank you in advance for your patience as we work with the hospitals and surgery centers to adjust to the [newly issued guidelines](#) issued by IDPH. Weil Foot & Ankle staff will reach out to you to schedule your procedure.

Using Tech To Fight COVID-19

A unique way the IT team at WFAI is getting involved in efforts to combat COVID-19 is by leveraging our

technology infrastructure to help develop therapeutics. WFAI has joined a distributed computing project spearheaded by Folding@home (FAH or F@h). FAH brings together citizen scientists who volunteer to run simulations of protein dynamics on their personal computers. Insights from this data are helping scientists to better understand biology and providing new opportunities for developing therapeutics. WFAI, by providing access to servers and processing power, supports the ability of FAH to run simulations which will help scientists find antibodies or small molecules that could disrupt the way coronaviruses interact with the body.



To learn more about the great things going on at Weil Foot & Ankle Institute follow us on Facebook and Twitter by clicking on the icons below!



[Visit our Website](#)



Covid Toes

As the novel coronavirus continues to spread around the world, additional suspected symptoms are coming to light. Recently, scientists have realized that patients are presenting with a red, sometimes itchy or painful area involving their toes without any incidence of injury. Some patients may also have a blister that resembles a frostbite injury. In most cases, the irritation goes away without leaving a scar.

These complaints may be early signs of having the COVID-19 virus and patients are encouraged to consult with their podiatric physician right away for evaluation. Physicians at Weil Foot & Ankle Institute are treating patients with these symptoms and following these patients to verify if they later test positive for the virus.

If you are experiencing any foot or ankle issues, our Weil Foot & Ankle Team is here to support you. Weil Foot & Ankle Institute offers same-day appointments in the office or via Telehealth. Make an appointment today by calling 847-257-8614

Have a question? Ask Our Doctors!



Ask The Doctor

At Weil Foot & Ankle Institute, we understand that people lead busy lives with packed schedules. It's often hard to make time for a doctor's appointment.

For that reason, we have a program called "Ask The Doctor," which is available to anyone and everyone – our current patients, potential patients, or someone who is curious about their foot or ankle condition.

[Click Here To Submit Your Question!](#)